Walk details correct at 13 July 2023

### Approx. 5 miles

# Directions

Walk starts at the car park Ridgemont Station heritage centre. This is just on the other side of the M1 at junction 13. Post code for satnav is MK43 0XP, most direct route is to follow the A421, then signs to Center Parcs then vintage tea room. Approx 35 mins, 19 miles.

# Terrainology

Most of walk is on road and good tracks at the edge of fields. There are two fields to cross, muddiness or otherwise will depend on the weather and the amount of ploughing.

There is one part of the walk which is a very short sharp slope.

### Stileometer

Reads 1 & 1/2 for this walk.

#### Inclineometrics

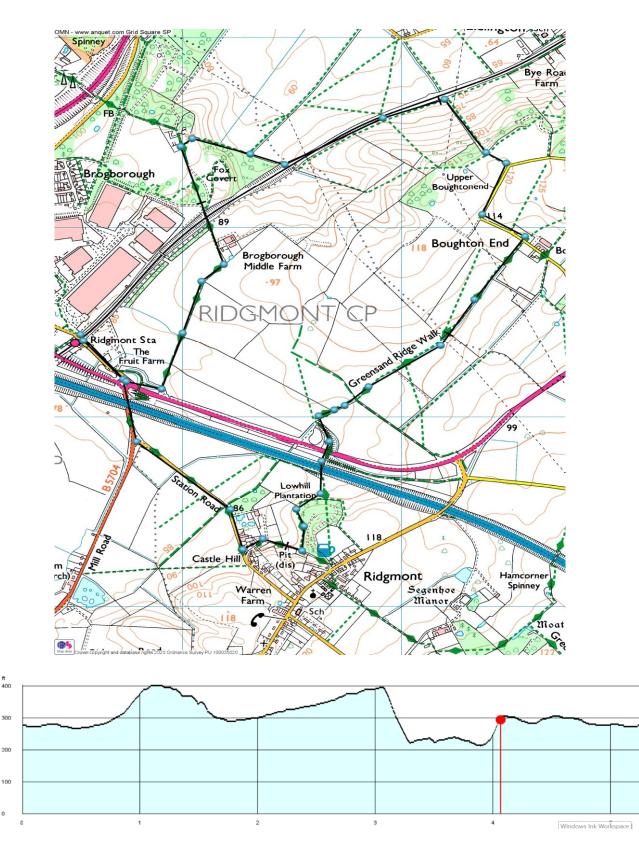
Nothing significant by way of hills or mountains. Maximum height change over entire walk is approx 200ft. Steepest incline is approx. 110ft over 1/3m.

### **Dining arrangements**

Ridgemont Station Heritage centre tea rooms <u>www.bedsrcc.org.uk/ridgmontheritage</u> where the food menu can be viewed. There are also daily specials.

This café is on the opposite side of the railway track to the car park. Take care when crossing the level crossing.

Starting loos should be available as café opens at 10am.



- 1. Turn right out of car park and follow road to roundabout
- 2. Follow path over bridge.
- 3. At end of path, where it meets the road, turn left under motorway.
- 4. Follow road and take 1<sup>st</sup> left turn, signposted Ridgmont.
- 5. At T junction turn left.
- 6. Follow road (past church and nursery on right) and bear left down a sloping road. (if you miss this turn there is then a footpath sign to the left Greensand ridge walk).
- 7. Follow road down slope to just past cottage on the left.
- 8. There is then a footpath sign on the right Greensand ridge walk follow this path.
- 9. Follow footpath until another footpath sign to the left Greensand ridge walk follow this towards motorway.

- 10. Go over motorway bridge and over next bridge.
- 11. At field edge turn right, follow field edge with hedge on right.
- 12. Keep forward and go towards houses that will come into view.
- 13. At road turn left.
- 14. Follow road round right hand turn.
- 15. Where road next bears right there is a footpath sign to the left.
- 16. Follow this sign over bridge, across field to woods.
- 17. At field edge follow path down into woods (could be muddy).
- 18. Follow path to railway line but do take cross at this point.
- 19. Turn left and follow field edge to next railway crossing.
- 20. Cross railway line TAKE CARE.
- 21. Turn left to follow field edge, under telegraph wires and curve to the right.
- 22. At corner of field go forward.
- 23. Continue up hill, path will seem blocked, there is a steepish slope to the left, the path is to the right. Look for a footpath post & go to the left of this, path winds up slope and is a bit overgrown.
- 24. Follow path and enter field.
- 25. Follow field edge with hedge/woods on left.
- 26. At footpath/track turn left.
- 27. Keep forward into wood.
- 28. Turn left on road and over railway bridge.
- 29. Keep forward past old farmhouse on left.
- 30. Follow path to the right at the field edge.
- 31. Keep forward through fields, hedge on left.
- 32. Go across field, through hedge and follow path to the right.
- 33. Back to bridge, do not cross, go forward and follow path and road back to the car park and tea room.